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Monday, 03 October 2011

HEALTHCARE LIBRARY – Bibliotherapy Books

ISBN	TITLE	QUANTITY	SHELF MARK
0091825628	10 days to great self esteem, by David D. Burns. Vermilion, 1999	1	WLM310 BUR
0863777600	Anorexia nervosa: a survival guide for families, friends and sufferers, by Janet Treasure. Psychology Press, 1997	1	WM177 TRE
0859698106	Breaking free: help for survivors of child sexual abuse, by Carolyn Ainscough & Kay Toon. Sheldon Press, 2000	1	WS362 AIN
0863777309	The clinician's guide to getting better bit(e) by bit(e): a survival kit for sufferers of bulimia nervosa and binge eating disorders, by Janet Treasure and Ulrike Schmidt. Psychology Press, 1997	1	WM178 TRE
9780470391266	Early intervention games: fun, joyful ways to develop social and motor skills, by Barbara Sher. Wiley, 2009	1	WS745 SHE
9780898628210	Clinician's guide to mind over mood, by Christine A. Padesky with Dennis Greenberger. Guilford Press, 1995	1	WM505
9780091907075	Feel the fear and do it anyway, Rev. ed., by Susan Jeffers. Vermilion, 2007	1	WLM227 JEF
0452281326	The feeling good handbook, Rev.ed., by David D. Burns. Plume 1999	1	WM505 BUR
9781843105008	From isolation to intimacy: making friends without words, by Phoebe Caldwell. Jessica Kingsley, 2007	1	WM877 CAL
9781847090898	How to stop worrying, by Frank Tallis. Sheldon Press, 1990	1	WLM228
0863773184	Getting better bit(e) by bit(e); a survival kit for sufferers of bulimia nervosa and binge eating disorders, by Ulrike Schmidt and Janet Treasure. Brunner Routledge, 1993	1	WM178 SCH
0007100345	Managing anger: simple steps to handling your temper, 2 nd ed., by Gael Lindenfield. Thorsons, 2000	1	WLM222 LIN
186156208X	Management of communication needs in people with learning disability, ed. by Samuel Abudarham and Angela Hurd. Whurr, 2002	1	WM877 ABU
9781905832583	Epilepsy (Fast Facts) by Martin J. Brodie et al. Health Press, 2009	1	WL460
9781849011310	Overcoming anger and irritability: a self-help guide using cognitive behavioral techniques, by William Davies. Robinson, 2009	1	WLM222 DAV
9780898621280	Mind over mood: change how you feel by changing the way you think, by Dennis Greenberger and Christine A. Padesky. Guilford Press, 1995	1	WM505
9781849011303	Overcoming anorexia nervosa, by Christopher Freeman. Constable & Robinson, 2009	1	WM177
0898621798	Overcoming binge eating, by Christopher G. Fairburn. Guilford Press, 1995	1	WM178 FAI
9780340986554	Overcoming anxiety, stress and panic: a five areas approach, 2 nd ed., by Christopher Williams. Hodder, 2009	1	WM172 WIL

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9781849010719	Overcoming anxiety: a self-help guide using cognitive behavioral techniques, 2 nd ed., by Helen Kennerley. Constable & Robinson, 2009	1	WM172
9781849010757	Overcoming bulimia nervosa and binge-eating: self-help guide using cognitive behavioral techniques, 3 rd ed., by Peter J. Cooper. Robinson, 2009	1	WM178 COO
9781849010665	Overcoming depression: a self-help guide using cognitive behavioral techniques, 3 rd ed., by Paul Gilbert. Constable & Robinson, 2009	1	WM171 GIL
9780340986059	Overcoming depression and low mood: a five areas approach, 3 rd ed., by Christopher Williams. Hodder Arnold, 2009	1	WM171 WIL
9781849010689	Overcoming low self-esteem: a self-help guide using cognitive behavioral techniques, 2 nd ed., by Melanie J.V. Fennell. Constable & Robinson, 2009	1	WLM310 FEN
9781849011297	Overcoming mood swings: a self-help guide using cognitive behavioral techniques, by Jan Scott. Robinson, 2010	1	WM505 SCO
9781849010726	Overcoming obsessive compulsive disorder: a self-help guide using cognitive behavioral techniques, by David Veale and Rob Willson. Robinson, 2005	1	WM172.5 VEA
9781849011280	Overcoming sexual problems, by Vicki Ford. Constable & Robinson, 2010	1	HQ200 FOR
9780465005451	Overcoming social anxiety and shyness: a self-help guide using cognitive behavioral techniques, by Gillian Butler. Basic Books, 2008	1	WLM225 BUT
9780007106905	Panic attacks: what they are, why they happen and what you can do about them, by Christine Ingham. Thorsons, 2000	1	WM172
9780933149960	Picture's worth: PECS and other visual communication strategies in autism, by Andrew Bondy. Woodbine House, 2001	1	WS745 BON
9781843106081	Playing, laughing and learning with children on the autism spectrum: a practical resource of play ideas for parents and carers, 2 nd ed., by Julia Moor. Jessica Kingsley, 2008	1	WS780 MOO
9781572245495	The relaxation and stress reduction workbook, 6 th ed., by Martha Davis et al. New Harbinger, 2008	1	WLM229
9780091876326	Self esteem for women, by Lynda Field. Vermilion, 2001	1	WLM310 FIE
0722540078	Self esteem, by Gael Lindenfield. Element, 2002	1	WLM310 LIN
9781905506125	Talking together... ..about sex and relationships: a practical resource for schools and parents working with young people with learning disabilities, 2 nd ed., by Lesley Kerr-Edwards and Lorna Scott. Family Planning Association, 2010	1	WS690 KER
9781932565300	Ten things every child with autism wishes you knew, by Ellen Notbohm. Future Horizons, 2005	1	WS745
0859696529	Understanding obsessions and compulsions: a self-help manual, by Frank Tallis. Sheldon Press, 1992	1	WM172 TAL
0704334208	A woman in your own right, by Anne Dickson. Quartet, 1982	1	WLM814 DIC

Key:

Class Mark	Subject Areas
A-GT	General works
H	Social Sciences - General
HA	Demography. Statistics
HB	Economics
HM	Sociology
HQ	Sex. Relationships. Marriage. The family
HV	Social services
J-K	Politics. Government. Law
L	Education
P-Q	Language. General science
QA	Mathematics. Computing
QC-QM	General sciences
QS	Human anatomy
QT	Human physiology
QU	Biochemistry
QV	Pharmacology
QW	Microbiology. Immunology
QY	Clinical pathology
QZ	Pathology. Oncology
W	Public health. Health statistics. Occupational health. Health education
WA	Patients. Primary care. Medical profession. Forensic medicine
WB	Practice of medicine
WC	Communicable diseases
WD	Diseases and disorders of systemic, metabolic or environmental origin
WE	Musculoskeletal system. Orthopaedics
WF	Respiratory system. Respiratory medicine
WG	Cardiovascular system. Cardiology
WH	Haemic and lymphatic systems. Haematology
WI	Digestive system. Gastroenterology
WJ	Urogenital system. Urology
WK	Endocrine system. Endocrinology

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WL	Nervous system. Neurology
WLM	Psychology
WM	Psychiatry. Mental health
WN	Medical imaging. Radiology
WO	Surgery. Anesthesia
WP	Gynaecology. Women's health
WQ	Obstetrics. Midwifery
WR	Skin. Dermatology
WS	Paediatrics. Child health
WT	Geriatrics. Elderly care. Terminal care
WU	Dentistry. Oral surgery
WV	Otorhinolaryngology. ENT medicine
WW	Eyes. Ophthalmology
WX	Health services
WY	Nursing
WZ	History of medicine
Z	Library science

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